

What should I know?

Loss of hair, partial or complete, is one of the most common side effects of chemotherapy and cranial radiation treatments, and it is considered to be physically and emotionally devastating by the majority of men and women. In fact, most of them feel that the loss of hair is as difficult to deal with as the diagnosis of cancer.

Once you are told by your medical team that hair loss is a possibility, you realize how it is linked to your self-image. You may wonder if you will be able to feel good about yourself and keep your spirits up when your hair disappears.

Capilia's hair solution experts understand that they come into your life at a critical time. This is why we have designed the Comfort program, where we address your temporary hair loss and offer information and solutions in a private and tranquil environment.

In order to obtain your hair prosthesis prior to your hair loss, we recommend that you make an appointment with a Capilia expert before you begin your treatments. You will then be able to select the style and colour that most resembles your usual hair style.



Capilia can help you

comfort

Our all-inclusive Comfort program brings together all the treatments, products and peace of mind that you'll need from the time you learn that you will lose your hair until it grows back.

The Comfort program includes:

A comfortable hair prosthesis made from human hair or synthetic fibers, as well as fitting, cutting, styling and reconditioning as necessary;

A transitional hair cut to help better prepare you for the hair loss;

Three (3) cabin treatments to soothe your sensitive and irritated scalp and encourage a healthy regrowth;

One (1) home care kit to maintain your prosthesis and scalp;

Complete privacy, individual attention and experienced staff who will support you through the whole process.

Capilia is proud to work in collaboration with Laboratoire Nature, a "green" Canadian laboratory that uses biocompatible processes and biodegradable products. www.laboratoirenature.com

Contact your Capilia centre today to discover our Comfort program first hand, with no obligation on your part.


capilia

www.capilia.ca

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OUR PROGRAM FOR TEMPORARY HAIR LOSS CAUSED BY CHEMOTHERAPY OR CRANIAL RADIATION



Feel good about **yourself**


capilia
www.capilia.ca

An all-inclusive program that supports you
BEFORE, DURING and **AFTER** your treatments

STEP 1

You just learned that you will experience temporary hair loss as a side effect to your treatment.

First visit to your Capilia centre to:

Evaluate your current hair: density, colour, length, texture, style.

With a consultant, select and try on prosthesis in your price range.

Discuss the alternatives to wearing a hair prosthesis: hat, turban, scarf or other.

Establish if you want to get a transitional haircut to better prepare yourself for hair loss.

Obtain answers to all your questions and concerns.



STEP 2

2 to 3 weeks from your first treatment, your hair will begin to shed.

Second visit to your Capilia centre to:

Get your transitional haircut.

Fit, cut and style your new prosthesis.

Receive your prosthesis care products, the scalp care products to soothe your scalp, your wig holder, a night cap and a brush.

Learn how to take care of your hair prosthesis at home.

Learn how to take care and protect your irritated and sensitive scalp at home.



STEP 3

During your medical treatments, you may wish to visit your Capilia centre to make adjustments to your prosthesis or to have it reconditioned.

In order to soothe your sensitized scalp while undergoing your treatments, we recommend that you use the Laboratoire Nature products that are suited to your needs.



STEP 4

Your treatments are completed. You will begin to see a new hair growth approximately 2 months after the last treatment. Hair usually grows at an average rate of 6mm (1/4") per month.

60 days after the end of your treatments, plan three (3) visits to your Capilia centre to:

Receive a scalp treatment that will soothe your irritated scalp and encourage an optimal hair regrowth.

A few months after regrowth has started, visit your Capilia centre to:

Shape and style your new hair growth.

Learn how to maintain and protect your scalp in order to encourage a healthy regrowth.

